

Standards of Independence for the Woburn Senior Center Participation

Our programs are primarily designed for people aged sixty 60 and older. *Others may participate when the staff has been consulted. It is a privilege to be allowed to participate in activities at the Woburn Senior Center. Participants shall comply with the rules and regulations of the center which are designed to allow for maximum participation and enjoyment for all. Any failure to conform conduct to the appropriate rules and regulations shall subject the participant to either suspension or termination of the rights and privileges of the Woburn Senior Center. Please note the following standards of independence and behavior with respect to senior center attendance:

Participants at the Woburn Senior Center must:

1. Take responsibility for their own personal care, including hygiene, toileting, continence and feeding. In the event a person is unable, it may be possible to be accompanied at the Center by a family member or Personal Care Attendant.
2. Be reasonably oriented, capable of independent decision making, and not at risk for wandering.
3. Avoid causing disturbances or disruption, and show respect for the building facilities and the personal property of others.
4. Be responsible for their own personal health and medical care, including the taking of medication, monitoring special diets, etc. Senior Center staff and volunteers are not responsible for providing assistance with medication and other personal health and medical care.
5. Violence or threats of violence are not permitted and will result in the participant been asked to leave, possible permanent suspension of senior center privileges may result. Any observed violence or threats of violence shall be noticed by a filing of an incident report. Any such conduct may be grounds for permanent expulsion from the senior center. (See below.)

Whenever any inappropriate behavior is witnessed or reported, the staff will use discretion to take the necessary corrective action; i.e., contact the police, doctor, emergency contact person, or ask the person to abstain from the inappropriate behavior. Repeated inappropriate behavior may result in permanent suspension of senior center privileges.

If a participant experiences a mental health episode, but is otherwise capable of conforming to these standards, staff is available to share resources and discuss options. The staff is committed to providing a welcoming atmosphere for as many community seniors as possible.